



CITY OF DORAL COUNCIL MEETING MEMORANDUM MAYOR AND COUNCIL

ITEM TITLE:

A RESOLUTION OF THE MAYOR AND THE CITY COUNCIL OF THE CITY OF DORAL, FLORIDA, DIRECTING THE CITY MANAGER TO EXPLORE MENTAL HEALTH OPTIONS FOR CITY OF DORAL EMPLOYEES; PROVIDING FOR IMPLEMENTATION; PROVIDING FOR INCORPORATION OF RECITALS; AND PROVIDING FOR AN EFFECTIVE DATE

BRIEF HISTORY:

The City of Doral values the mental health and overall wellbeing of its employees, and the Mayor and City Council recognize that the demands of municipal work can, over time, affect an employee's mental and emotional state. Many public employers offer employees some form of confidential mental health benefit, typically delivered through a telephone hotline or a referral to an outside provider; however, these formats are not always convenient or easy for an employee to access during the course of a demanding work day. This item directs the City Manager to explore mental health options for City of Doral employees more broadly, with a particular focus on the potential for establishing in-person counseling made available directly at City facilities, which would give employees a more accessible and practical way to seek support compared to off-site or telephone-based alternatives. In addition to in-person counseling, the City Manager is also directed to identify other mental health resources that may benefit City employees, such as educational materials, wellness programming, or partnerships with qualified mental health providers. The intent of this item is to ensure that City of Doral employees have meaningful, practical access to mental health support, without creating a new City department or committing to a specific program in advance of further research.

LEGISLATIVE ACTION: (IF APPLICABLE)

Date:	Resolution/Ordinance No.	Comments
N/A	New Item	No prior Council action

FISCAL IMPACT STATEMENT:

The proposed item has a fiscal impact on revenues and/or expenditures in the amount of:

☒ \$50,000.00 or less

☐ \$50,000.00 or more

RECOMMENDATION:

Staff recommends approval of the attached Resolution directing the City Manager to explore mental health options for City of Doral employees and to return to the City Council with a report on recommended options.

ATTACHMENT(S):

A. Draft Resolution.