

RESOLUTION No. 25-

A RESOLUTION OF THE MAYOR AND THE CITY COUNCIL OF THE CITY OF DORAL, FLORIDA, AUTHORIZING THE CITY MANAGER TO EXTEND THE AGREEMENT WITH MIND BODY SOCIAL, LLC FOR WELLNESS PROGRAMMING UNTIL SEPTEMBER 30, 2025; PROVIDING FOR IMPLEMENTATION; PROVIDING FOR INCORPORATION OF RECITALS; AND PROVIDING FOR AN EFFECTIVE DATE

WHEREAS, in November of 2016, “Step Up Your Health, Doral!” Program was created, and became part of the Mayor’s Wellness Initiative, which encourages the entire community; residents, employees, and businesses, to get healthier together; and

WHEREAS, the main goals of this initiative are to increase and raise awareness of mental health issues, promote higher fitness levels, making fitness a life goal, offer proper nutritional education, promote alternatives modes of transportation, and increase sense of community; and

WHEREAS, in 2017, Mind Body Social met with City staff to discuss the possibility of partnering with the City in order to increase wellness within the community through their innovative programming; and

WHEREAS, in 2019, the partnership was formalized through a Professional Services Agreement which was approved by Council (Reso. No. 19-282); and

WHEREAS, Mind Body Social has been providing monthly programming through the Wellness Wednesday program which has been extremely successful providing free wellness classes at a different park each month with an attendance ranging from 50-400 participants; and

WHEREAS, the partnership has been extremely beneficial to the City and the residents resulting in an increased awareness of the Step Up Your Health, Doral!

initiative as well as an increase in attendance in wellness programming at the park. It has also increased the community's awareness of the parks and amenities available; and

WHEREAS, The classes have been extremely popular over the years, and they have grown in popularity as well as expanded their offerings and frequency. They began offering once a month Wellness Wednesday activities, alternating locations and activities. After the City renewed their agreement with Mind Body Social, LLC. in 2022 (Res. No 22-05), they have also expanded to offering a series of Mental Health Awareness events in May annually, in addition to twice a month Zumba, and once a month VVN; and

WHEREAS, extending the current agreement to expire September 30, 2025, under the current terms, will allow for the agreement's expiration date to align with the payment period and planned activities which is currently per fiscal year.

NOW THEREFORE, BE IT RESOLVED BY THE MAYOR AND THE CITY COUNCIL OF THE CITY OF DORAL, FLORIDA, AS FOLLOWS:

Section 1. Recitals. The above recitals are confirmed, adopted, and incorporated herein and made a part hereof by this reference.

Section 2. Implementation. The City Manager and the City Attorney are hereby authorized to take such action as may be necessary to implement the provisions of this Resolution, including amending and extending the terms of the agreement with Mind Body Social, LLC, through September 2025.

Section 3. Effective Date. This resolution shall take effect immediately upon adoption.

The foregoing Resolution was offered by _____ who moved its adoption. The motion was seconded by _____ and upon being put to a vote, the vote was as follows:

Mayor Christi Fraga	_____
Vice Mayor Maureen Porras	_____
Councilwoman Digna Cabral	_____
Councilman Rafael Pineyro	_____
Councilwoman Nicole Reinoso	_____

PASSED AND ADOPTED this 12 day of February, 2025.

CHRISTI FRAGA, MAYOR

ATTEST:

CONNIE DIAZ, MMC
CITY CLERK

APPROVED AS TO FORM AND LEGAL SUFFICIENCY
FOR THE USE AND RELIANCE OF THE CITY OF DORAL ONLY:

LORENZO COBIELLA
GASTESI, LOPEZ, MESTRE & COBIELLA, PLLC
CITY ATTORNEY