



CITY OF DORAL COUNCIL MEETING MEMORANDUM

ITEM TITLE:

Parks & Recreation Department Staff Memo- Councilman Pineyro's "Senior Splash" Program

DEPARTMENT RECOMMENDATION:

Approval

BRIEF HISTORY:

Currently the Parks & Recreation Department offers two aquatic programs specifically for the Silver Club members: Aqua Zumba & Aqua Fit. Both classes are offered 1x/week for 1 hour. Below is the instructor rate paid by the department for each class & program details for the aquatic classes we currently offer for the seniors.

Instructor rate: \$80/hour

Participants pay: \$2/class

Programs currently offering:

- Aqua Fit- Monday 11:30am-12:30pm
- Aqua Zumba- Wednesday option & Friday option 10:30am-11:30am

Both classes are highly attended and enjoyed by the Silver Club members. For the fall, a second class of Aqua Zumba was added due to high demand. To add additional classes, the department will need to work with the current instructor on availability and/or identify other instructors or aquatic programs to offer.

LEGISLATIVE ACTION: (IF APPLICABLE)

Date:	Resolution/Ordinance No.	Comments

FINANCIAL INFORMATION: (IF APPLICABLE)

No.	Amount	Account No.	Source of Funds
1.	\$160/month	001.90005.500340	Contractual- Other
2.	\$0		
Total:	\$0		
Fiscal Impact Statement: The proposed item has a fiscal impact on revenues and/or expenditures of \$160/month (expenses).			

STRATEGIC PLAN ALIGNMENT:

Provides fitness classes for the senior citizens to ensure they stay active and live a healthy life.

ATTACHMENT(S):